 ***LCCAA – Head Start Menu***

 ***February 2025***

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **B** |  **3****WG Cheerios** **Pineapple Tidbits** |  **4****WG Banana Bread****Apple Slices**  |  **5****WG Mini Wheats****Seasonal Melon**  |  **6****WG Strawberry Mini Bagel Applesauce**  |  **7****Yogurt, Strawberry & Granola Parfait**  |
| **L** | **Turkey Stick****Crackers****Cheese Stick****100% Vegetable Juice****Pear Cup** | **Turkey & Cheese Sandwich****Applesauce Cup****100% vegetable juice****Yogurt Cup** | **Soy Jammer****Cheese Stick****100% Vegetable Juice****Tropical Fruit Cup** | **Build Your Own Sub****WG Bun, Turkey Breast & Turkey Ham, Cheese, Lettuce, Pickles, Mayo & Mustard****Fava Bean Crisps, Peaches** | **WG Cheese Pizza****100% Vegetable Juice****Tropical Fruit** |
| **S** | **WG Cheez Its****Applesauce** | **WG Educational Crackers** **Diced Pears**  | **Assorted Fresh Veggies** **Ranch Dip** **Cheese Stick** | **WG Graham Crackers** **Sun Splash Veggie Juice** | **WG Tortilla Chips****Salsa** |
| **B** |  **10****Low Sugar Frosted Flakes****Pineapple Tidbits** |  **11****WG Blueberry Waffle****Apple Slices** |  **12****Sunshine Smoothie****WG Bunny Grahams**  |  **13****WG Banana Muffin****Diced Peaches** |  **14****Yogurt, Blueberry & Granola Parfait** |
| **L** | **Turkey Stick****Crackers****Cheese Stick****100% Vegetable Juice****Pear Cup** | **Build Your Own Sub****WG Bun, Turkey Breast & Turkey Ham, Cheese, Lettuce, Pickles, Mayo & Mustard****Fava Bean Crisps, Peaches** | **Soy Jammer****Cheese Stick****100% Vegetable Juice****Tropical Fruit Cup** | **Turkey & Cheese Sandwich****Applesauce Cup****100% vegetable juice****Yogurt Cup** | **Dad’s & Dogs****Beef Hot Dogs, WG Bun, Baked Beans, Applesauce, Toppings: Apple & Cabbage Slaw, Homemade Quick Pickles, & Sweet Pineapple Salsa.** |
| **s** | **Hard Boiled Egg****WG Simply cheddar Chex Mix** | **Danimal Yogurt****Fresh Orange** | **WG Flatbread** **WOW Butter & Jelly** | **Mango Peach Applesauce** **WG Pretzels** | **Banana** **WG Goldfish Crackers** |
| **B** |  **17** |  **18****WG Cheerios****Pineapple Tidbits** |  **19****WG Mini Wheats****Seasonal Melon** |  **20****WG Strawberry Mini Bagel Applesauce**  |  **21** |
| **L** | **NO SCHOOL** | **Burger, WG Bun****Cheese Slices****Pickle Chips, Ketchup** **Baked Beans** **Apricots** | **Braised Chicken Thigh** **Maple Cinnamon Carrots** **WG Cornbread** **Clementine** | **WG Macaroni & Cheese** **Steamed Broccoli****Mango Chunks** | **NO SCHOOL** |
| **S** |  | **WG Educational Crackers** **Diced Pears**  | **Assorted Fresh Veggies** **Ranch Dip** **Cheese Stick** | **WG Graham Crackers** **Sun Splash Veggie Juice** |  |
| **B** |  **24****Low Sugar Frosted Flakes****Pineapple Tidbits** |  **25****WG Blueberry Waffle****Apple Slices** |  **26****Sunshine Smoothie****WG Bunny Grahams** |  **27****WG Banana Muffin****Diced Peaches** |  **28****Yogurt, Blueberry & Granola Parfait**  |
| **L** | **Veggie Chili w/ Cheese** **Saltine Crackers** **Fresh Broccoli w/ Ranch** **Mixed Fruit**  | **Meatballs** **WG Sub Bun** **Shredded Motz.****California Veggies****Diced Pears** | **Chicken Drumstick** **w/ BBQ Sauce****Corn****WG Cornbread** **Tropical Fruit** | **Baked Mexican Macaroni** **Green Beans** **Diced Pears** | **Orange Chicken** **WG Brown Rice** **Stir Fry Veggies** **Seasonal Melon** |
| **s** | **Hard Boiled Egg****WG Simply cheddar Chex Mix** | **Danimal Yogurt****Fresh Orange** | **WG Flatbread** **WOW Butter & Jelly** | **Mango Peach Applesauce** **WG Pretzels** | **Banana** **WG Goldfish Crackers** |

 *Milk is served daily at breakfast and lunch. Children who are 1 -2 years old are served whole milk. Children >2 years old are served 1% milk. When a specific food allergy*

 *is identified, appropriate food substitutions will be provided. Menu items are subject to change due to food availability or unplanned school closings. WG = whole grain*

This institution is an equal opportunity provider.

 ***As of 1/27/25*** \* Menu Subject to Change