 ***LCCAA – Head Start Menu***

***January 2025******- REVISED***

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **B** |  |  |  **1**  |  2 |  **3** |
| **L** |  |  |  | **NO SCHOOL** | **NO SCHOOL** |
| **S** |  |  |  |  |  |
| **B** |  6 |  **7** |  **8** |  **9****WG Strawberry Mini Bagel & Applesauce** |  **10****Yogurt, Strawberry & Granola Parfait** |
| **L** | **NO SCHOOL** | **NO SCHOOL** | **NO SCHOOL** | **WOW Butter #1001****Cheddar Cheese Stick, Apple Cinn. Bear Grahams, Unsweetened Applesauce****100% Vegetable Juice**  | **Cheddar Cheese Cup, Cheddar Cheese Stick** **WG pizza crackers #1005****Unsweetened Applesauce****Dragon Punch Juice** |
| **s** |  |  |  | **WG Graham Crackers** **Sun Splash Veggie Juice** | **WG Tortilla Chips****Salsa** |
| **B** |  **13****Frosted Flakes****Pineapple Tidbits** |  **14****WG Cinnamon Waffle****Tropical Fruit Cup** |  **15****Sunshine Smoothie****WG Bunny Grahams** |  16**WG Banana Muffin****Diced Peaches** |  **17****Yogurt, Blueberry & Granola Parfait** |
| **L** | **Jack Links BBQ Chicken Tender Bites, Cheddar Cheese Stick,** **Chili Lime Crackers,** **Unsweetened Applesauce #1014****100% Vegetable Juice** | **Marinara Cup #1008****Cheddar Cheese Stick, Turkey Stick,****MJM Pizza Crackers,** **100% Fruit Juice****H/L-CP-Lag-107****See below for Gris.** | **Turkey Stick****Crackers****Cheese Stick****100% Vegetable Juice****Pear Cup** | **Soy Jammer****Cheese Stick****100% Vegetable Juice****Tropical Fruit Cup** | **Turkey & Cheese Sandwich****Applesauce Cup****100% vegetable juice****Yogurt Cup** |
| **S** | **Hard Boiled Egg****WG Simply Cheddar Chex Mix** | **Danimal Yogurt****Fresh Orange** | **WG Flatbread** **WOW Butter & Jelly** | **Mango Peach Applesauce** **WG Pretzels** | **Banana** **WG Goldfish Crackers** |
| **B** |  **20** |  **21****Frosted Flakes****Tropical Fruit Cup** |  **22****WG Mini Wheats****Seasonal Melon** |  **23****WG Strawberry Mini Bagel & Applesauce**  |  **24****Yogurt, Strawberry & Granola Parfait**  |
| **L** | **NO SCHOOL** | **Turkey Stick****Crackers****Cheese Stick****100% Vegetable Juice****Pear Cup** | **Soy Jammer****Cheese Stick****100% Vegetable Juice****Tropical Fruit Cup** | **Build Your Own Sub****WG Bun, Turkey Breast & Turkey Ham, Cheese, Lettuce, Pickles, Mayo & Mustard****Fava Bean Crisps, Peaches** | **WG Cheese Pizza****100% Vegetable Juice****Tropical Fruit** |
| **s** |  | **WG Educational Crackers** **Diced Pears**  | **Assorted Fresh Veggies** **Ranch Dip** **Cheese Stick** | **WG Graham Crackers** **Sun Splash Veggie Juice** | **WG Tortilla Chips****Salsa** |
| **B** |  **27****Frosted Flakes****Pineapple Tidbits** |  **28****WG Blueberry Waffle****Apple Slices** |  **29****Sunshine Smoothie****WG Bunny Grahams** |  **30****WG Banana Muffin****Diced Peaches** |  **31** **Yogurt, Blueberry & Granola Parfait** |
| **L** | **Turkey Stick****Crackers****Cheese Stick****100% Vegetable Juice****Pear Cup** | **Soy Jammer****Cheese Stick****100% Vegetable Juice****Tropical Fruit Cup** | **Turkey & Cheese Sandwich****Applesauce Cup****100% vegetable juice****Yogurt Cup** | **Build Your Own Sub****WG Bun, Turkey Breast & Turkey Ham, Cheese, Lettuce, Pickles, Mayo & Mustard, Fava Bean Crisps, Peaches** | **WG Cheese Pizza** **100 % Vegetable Juice****Tropical Fruit****Try Day-Oven Roasted Parmesan Brussel Sprouts** |
| **s** | **Hard Boiled Egg****WG Simply cheddar Chex Mix** | **Danimal Yogurt****Fresh Orange** | **WG Flatbread** **WOW Butter & Jelly** | **Mango Peach Applesauce** **WG Pretzels** | **Banana** **WG Goldfish Crackers** |

 *Milk is served daily at breakfast and lunch. Children who are 1 -2 years old are served whole milk. Children >2 years old are served 1% milk. When a specific food allergy*

 *is identified, appropriate food substitutions will be provided. Menu items are subject to change due to food availability or unplanned school closings. WG = whole grain*

 **Tues 1/14 Griswold Lunch**

This institution is an equal opportunity provider.

 #1018

 Bean dip Pear Cup

 Corn Chips 100% Vegetable Juice