 ***LCCAA – Head Start Menu***

***January 2025******- REVISED***

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **B** |  |  | **1** | 2 | **3** |
| **L** |  |  |  | **NO SCHOOL** | **NO SCHOOL** |
| **S** |  |  |  |  |  |
| **B** | 6 | **7** | **8** | **9**  **WG Strawberry Mini Bagel & Applesauce** | **10**  **Yogurt, Strawberry & Granola Parfait** |
| **L** | **NO SCHOOL** | **NO SCHOOL** | **NO SCHOOL** | **WOW Butter #1001**  **Cheddar Cheese Stick, Apple Cinn. Bear Grahams, Unsweetened Applesauce**  **100% Vegetable Juice** | **Cheddar Cheese Cup, Cheddar Cheese Stick**  **WG pizza crackers #1005**  **Unsweetened Applesauce**  **Dragon Punch Juice** |
| **s** |  |  |  | **WG Graham Crackers**  **Sun Splash Veggie Juice** | **WG Tortilla Chips**  **Salsa** |
| **B** | **13**  **Frosted Flakes**  **Pineapple Tidbits** | **14**  **WG Cinnamon Waffle**  **Tropical Fruit Cup** | **15**  **Sunshine Smoothie**  **WG Bunny Grahams** | 16  **WG Banana Muffin**  **Diced Peaches** | **17**  **Yogurt, Blueberry & Granola Parfait** |
| **L** | **Jack Links BBQ Chicken Tender Bites, Cheddar Cheese Stick,**  **Chili Lime Crackers,**  **Unsweetened Applesauce #1014**  **100% Vegetable Juice** | **Marinara Cup #1008**  **Cheddar Cheese Stick, Turkey Stick,**  **MJM Pizza Crackers,**  **100% Fruit Juice**  **H/L-CP-Lag-107**  **See below for Gris.** | **Turkey Stick**  **Crackers**  **Cheese Stick**  **100% Vegetable Juice**  **Pear Cup** | **Soy Jammer**  **Cheese Stick**  **100% Vegetable Juice**  **Tropical Fruit Cup** | **Turkey & Cheese Sandwich**  **Applesauce Cup**  **100% vegetable juice**  **Yogurt Cup** |
| **S** | **Hard Boiled Egg**  **WG Simply Cheddar Chex Mix** | **Danimal Yogurt**  **Fresh Orange** | **WG Flatbread**  **WOW Butter & Jelly** | **Mango Peach Applesauce**  **WG Pretzels** | **Banana**  **WG Goldfish Crackers** |
| **B** | **20** | **21**  **Frosted Flakes**  **Tropical Fruit Cup** | **22**  **WG Mini Wheats**  **Seasonal Melon** | **23**  **WG Strawberry Mini Bagel & Applesauce** | **24**  **Yogurt, Strawberry & Granola Parfait** |
| **L** | **NO SCHOOL** | **Turkey Stick**  **Crackers**  **Cheese Stick**  **100% Vegetable Juice**  **Pear Cup** | **Soy Jammer**  **Cheese Stick**  **100% Vegetable Juice**  **Tropical Fruit Cup** | **Build Your Own Sub**  **WG Bun, Turkey Breast & Turkey Ham, Cheese, Lettuce, Pickles, Mayo & Mustard**  **Fava Bean Crisps, Peaches** | **WG Cheese Pizza**  **100% Vegetable Juice**  **Tropical Fruit** |
| **s** |  | **WG Educational Crackers**  **Diced Pears** | **Assorted Fresh Veggies**  **Ranch Dip**  **Cheese Stick** | **WG Graham Crackers**  **Sun Splash Veggie Juice** | **WG Tortilla Chips**  **Salsa** |
| **B** | **27**  **Frosted Flakes**  **Pineapple Tidbits** | **28**  **WG Blueberry Waffle**  **Apple Slices** | **29**  **Sunshine Smoothie**  **WG Bunny Grahams** | **30**  **WG Banana Muffin**  **Diced Peaches** | **31**  **Yogurt, Blueberry & Granola Parfait** |
| **L** | **Turkey Stick**  **Crackers**  **Cheese Stick**  **100% Vegetable Juice**  **Pear Cup** | **Soy Jammer**  **Cheese Stick**  **100% Vegetable Juice**  **Tropical Fruit Cup** | **Turkey & Cheese Sandwich**  **Applesauce Cup**  **100% vegetable juice**  **Yogurt Cup** | **Build Your Own Sub**  **WG Bun, Turkey Breast & Turkey Ham, Cheese, Lettuce, Pickles, Mayo & Mustard, Fava Bean Crisps, Peaches** | **WG Cheese Pizza**  **100 % Vegetable Juice**  **Tropical Fruit**  **Try Day-Oven Roasted Parmesan Brussel Sprouts** |
| **s** | **Hard Boiled Egg**  **WG Simply cheddar Chex Mix** | **Danimal Yogurt**  **Fresh Orange** | **WG Flatbread**  **WOW Butter & Jelly** | **Mango Peach Applesauce**  **WG Pretzels** | **Banana**  **WG Goldfish Crackers** |

*Milk is served daily at breakfast and lunch. Children who are 1 -2 years old are served whole milk. Children >2 years old are served 1% milk. When a specific food allergy*

*is identified, appropriate food substitutions will be provided. Menu items are subject to change due to food availability or unplanned school closings. WG = whole grain*

**Tues 1/14 Griswold Lunch**

This institution is an equal opportunity provider.

#1018

Bean dip Pear Cup

Corn Chips 100% Vegetable Juice