***LCCAA – Head Start Menu***

**MARCH 2025 CLASSROOM**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **B** |  **3** |  **4****WG Cheerios****Pineapple Tidbits**  |  **5****WG Mini Wheats****Seasonal Melon** |   **6****WG Strawberry Mini Bagel Applesauce**  |  **7****Yogurt, Strawberry & Granola Parfait**  |
| **L** | **NO CHILDREN- CONFERENCES** | **Turkey & Cheese Sandwich****Applesauce Cup****100% vegetable juice****Yogurt Cup** | **Soy Jammer****Cheese Stick****100% Vegetable Juice****Tropical Fruit Cup** | **Turkey Stick****Crackers****Cheese Stick****100% Vegetable Juice****Pear Cup** | **Dr.Seuss’s Lunch** **Green Egg & Diced Turkey Ham****Tater Tots****WG Dinner Roll****Diced Peaches** |
| **S** |  | **WG Cheez Its****Applesauce** | **Assorted Fresh Veggies** **Ranch Dip & Cheese Stick** | **WG Graham Crackers** **Sun Splash Veggie Juice** | **WG Tortilla Chips****Salsa** |
| **B** |  **10** |  **11****Low Sugar Frosted Flakes****Pineapple Tidbits** |  **12****Sunshine Smoothie****WG Bunny Grahams** |  **13****WG Banana Muffin****Diced Peaches**  |  **14****Yogurt, Blueberry & Granola Parfait** |
| **L** | **NO CHILDREN-** **EVENING CONFERENCES** | **Turkey & Cheese Sandwich****Applesauce Cup****100% vegetable juice****Yogurt Cup** | **Soy Jammer****Cheese Stick****100% Vegetable Juice****Tropical Fruit Cup** | **Turkey Stick****Crackers****Cheese Stick****100% Vegetable Juice****Pear Cup** | **WG Cheese Pizza****100% Vegetable Juice****Tropical Fruit** |
| **s** |  | **Danimal Yogurt****Fresh Orange** | **WG Flatbread** **WOW Butter & Jelly** | **Mango Peach Applesauce** **WG Pretzels** | **Banana** **WG Goldfish Crackers** |
| **B** |  **Wk 1BK & SN 17****WG Cheerios****Pineapple Tidbits**  |  **18****WG Banana Bread****Apple Slices**  |  **19****WG Mini Wheats****Seasonal Melon**  |  **20****WG Strawberry Mini Bagel Applesauce**  |  **21****Yogurt, Strawberry & Granola Parfait**  |
| **L** | **Turkey Stick****Crackers****Cheese Stick****100% Vegetable Juice****Pear Cup** | **Build Your Own Sub****WG Bun, Turkey Breast & Turkey Ham, Cheese, Lettuce, Pickles, Mayo & Mustard****Fava Bean Crisps, Peaches** | **Soy Jammer****Cheese Stick****100% Vegetable Juice****Tropical Fruit Cup** | **Turkey & Cheese Sandwich****Applesauce Cup****100% vegetable juice****Yogurt Cup** | **WG Cheese Pizza****100% Vegetable Juice****Tropical Fruit** |
| **S** | **WG Cheez Its****Applesauce** | **WG Educational Crackers****Diced Pears** | **Assorted Fresh Veggies** **Ranch Dip & Cheese Stick** | **WG Graham Crackers** **Sun Splash Veggie Juice** | **WG Tortilla Chips****Salsa** |
| **B** |  **24****Low Sugar Frosted Flakes****Pineapple Tidbits** |  **25****WG Blueberry Waffle****Apple Slices** |  **26****Sunshine Smoothie****WG Bunny Grahams** |  **27****WG Banana Muffin****Diced Peaches**  |  **28****Yogurt, Blueberry & Granola Parfait**  |
| **L** | **Turkey Stick****Crackers****Cheese Stick****100% Vegetable Juice****Pear Cup** | **Build Your Own Sub****WG Bun, Turkey Breast & Turkey Ham, Cheese, Lettuce, Pickles, Mayo & Mustard****Fava Bean Crisps, Peaches** | **Soy Jammer****Cheese Stick****100% Vegetable Juice****Tropical Fruit Cup** | **Turkey & Cheese Sandwich****Applesauce Cup****100% vegetable juice****Yogurt Cup** | **WG Cheese Pizza****100% Vegetable Juice****Tropical Fruit** |
| **s** | **Hard Boiled Egg****WG Simply cheddar Chex Mix** | **Danimal Yogurt****Fresh Orange** | **WG Flatbread** **WOW Butter & Jelly** | **Mango Peach Applesauce****WG Pretzels** | **Banana** **WG Goldfish Crackers** |
| **B** |  **31****WG Cheerios****Pineapple Tidbits** |  |  |  |  |
| **L** | **WG French Toast Sticks****Maple Syrup****Chicken Sausage Patty****Tater Tots****Clementine** |  |  |  |  |
| **S** | **WG Cheez Its****Applesauce** |  |  |  |  |

 *Milk is served daily at breakfast and lunch. Children who are 1 -2 years old are served whole milk. Children >2 years old are served 1% milk. When a specific food allergy*

 *is identified, appropriate food substitutions will be provided. Menu items are subject to change due to food availability or unplanned school closings. WG = whole grain*

  \*Tentative Subject to Change MG 2/24/25 V1

This institution is an equal opportunity provider.