***LCCAA – Head Start Menu***

**MARCH 2025 CLASSROOM**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **B** | **3** | **4**  **WG Cheerios**  **Pineapple Tidbits** | **5**  **WG Mini Wheats**  **Seasonal Melon** | **6**  **WG Strawberry Mini Bagel Applesauce** | **7**  **Yogurt, Strawberry & Granola Parfait** |
| **L** | **NO CHILDREN- CONFERENCES** | **Turkey & Cheese Sandwich**  **Applesauce Cup**  **100% vegetable juice**  **Yogurt Cup** | **Soy Jammer**  **Cheese Stick**  **100% Vegetable Juice**  **Tropical Fruit Cup** | **Turkey Stick**  **Crackers**  **Cheese Stick**  **100% Vegetable Juice**  **Pear Cup** | **Dr.Seuss’s Lunch**  **Green Egg & Diced Turkey Ham**  **Tater Tots**  **WG Dinner Roll**  **Diced Peaches** |
| **S** |  | **WG Cheez Its**  **Applesauce** | **Assorted Fresh Veggies**  **Ranch Dip & Cheese Stick** | **WG Graham Crackers**  **Sun Splash Veggie Juice** | **WG Tortilla Chips**  **Salsa** |
| **B** | **10** | **11**  **Low Sugar Frosted Flakes**  **Pineapple Tidbits** | **12**  **Sunshine Smoothie**  **WG Bunny Grahams** | **13**  **WG Banana Muffin**  **Diced Peaches** | **14**  **Yogurt, Blueberry & Granola Parfait** |
| **L** | **NO CHILDREN-**  **EVENING CONFERENCES** | **Turkey & Cheese Sandwich**  **Applesauce Cup**  **100% vegetable juice**  **Yogurt Cup** | **Soy Jammer**  **Cheese Stick**  **100% Vegetable Juice**  **Tropical Fruit Cup** | **Turkey Stick**  **Crackers**  **Cheese Stick**  **100% Vegetable Juice**  **Pear Cup** | **WG Cheese Pizza**  **100% Vegetable Juice**  **Tropical Fruit** |
| **s** |  | **Danimal Yogurt**  **Fresh Orange** | **WG Flatbread**  **WOW Butter & Jelly** | **Mango Peach Applesauce**  **WG Pretzels** | **Banana**  **WG Goldfish Crackers** |
| **B** | **Wk 1BK & SN 17**  **WG Cheerios**  **Pineapple Tidbits** | **18**  **WG Banana Bread**  **Apple Slices** | **19**  **WG Mini Wheats**  **Seasonal Melon** | **20**  **WG Strawberry Mini Bagel Applesauce** | **21**  **Yogurt, Strawberry & Granola Parfait** |
| **L** | **Turkey Stick**  **Crackers**  **Cheese Stick**  **100% Vegetable Juice**  **Pear Cup** | **Build Your Own Sub**  **WG Bun, Turkey Breast & Turkey Ham, Cheese, Lettuce, Pickles, Mayo & Mustard**  **Fava Bean Crisps, Peaches** | **Soy Jammer**  **Cheese Stick**  **100% Vegetable Juice**  **Tropical Fruit Cup** | **Turkey & Cheese Sandwich**  **Applesauce Cup**  **100% vegetable juice**  **Yogurt Cup** | **WG Cheese Pizza**  **100% Vegetable Juice**  **Tropical Fruit** |
| **S** | **WG Cheez Its**  **Applesauce** | **WG Educational Crackers**  **Diced Pears** | **Assorted Fresh Veggies**  **Ranch Dip & Cheese Stick** | **WG Graham Crackers**  **Sun Splash Veggie Juice** | **WG Tortilla Chips**  **Salsa** |
| **B** | **24**  **Low Sugar Frosted Flakes**  **Pineapple Tidbits** | **25**  **WG Blueberry Waffle**  **Apple Slices** | **26**  **Sunshine Smoothie**  **WG Bunny Grahams** | **27**  **WG Banana Muffin**  **Diced Peaches** | **28**  **Yogurt, Blueberry & Granola Parfait** |
| **L** | **Turkey Stick**  **Crackers**  **Cheese Stick**  **100% Vegetable Juice**  **Pear Cup** | **Build Your Own Sub**  **WG Bun, Turkey Breast & Turkey Ham, Cheese, Lettuce, Pickles, Mayo & Mustard**  **Fava Bean Crisps, Peaches** | **Soy Jammer**  **Cheese Stick**  **100% Vegetable Juice**  **Tropical Fruit Cup** | **Turkey & Cheese Sandwich**  **Applesauce Cup**  **100% vegetable juice**  **Yogurt Cup** | **WG Cheese Pizza**  **100% Vegetable Juice**  **Tropical Fruit** |
| **s** | **Hard Boiled Egg**  **WG Simply cheddar Chex Mix** | **Danimal Yogurt**  **Fresh Orange** | **WG Flatbread**  **WOW Butter & Jelly** | **Mango Peach Applesauce**  **WG Pretzels** | **Banana**  **WG Goldfish Crackers** |
| **B** | **31**  **WG Cheerios**  **Pineapple Tidbits** |  |  |  |  |
| **L** | **WG French Toast Sticks**  **Maple Syrup**  **Chicken Sausage Patty**  **Tater Tots**  **Clementine** |  |  |  |  |
| **S** | **WG Cheez Its**  **Applesauce** |  |  |  |  |

*Milk is served daily at breakfast and lunch. Children who are 1 -2 years old are served whole milk. Children >2 years old are served 1% milk. When a specific food allergy*

*is identified, appropriate food substitutions will be provided. Menu items are subject to change due to food availability or unplanned school closings. WG = whole grain*

 \*Tentative Subject to Change MG 2/24/25 V1

This institution is an equal opportunity provider.